



FINDING FAITH: Small Group Bible Study inspired the movie by "A Life of Purpose"

INTRODUCTION

Jake Palmer is a devoted husband and father whose life spirals out of control under the weight of prescription pill addiction following a severe back injury. Guided by the steady support of his pastor and the unwavering love of his family, Jake begins the long, difficult road toward recovery. But redemption doesn't come easily. When Alex Foreman, a once-trusted friend of Jake's wife, reenters their lives, obsession, betrayal, kidnapping, and greed threaten to unravel everything Jake has worked to rebuild. This film offers a compelling picture of what it looks like for grace, faith, and community to carry a family through crisis, and of a God who redeems even the deepest brokenness for His purposes.



DISCUSSION QUESTIONS

1. FREEDOM FOUND IN CHRIST

- Jake's addiction begins as a response to physical pain but grows into a force controlling nearly every part of his life. How does the film portray addiction as a form of bondage, and what does Jake's journey suggest about where true freedom is found?
- Read Romans 6:16-18 and John 8:34-36. How do these passages describe the nature of slavery to sin versus freedom found in Christ? What does it mean practically for a believer to be "set free" while still walking a hard road of recovery?



2. THE CHURCH AS A MEANS OF GRACE

- Jake's pastor and church community play a critical, sustained role in his healing, offering accountability, presence, and practical support rather than judgment. How does the film depict the local church living out its calling toward those in crisis?
- Read Galatians 6:1-2 and James 5:16. How do these passages call the body of Christ to gently restore those caught in sin and to confess and pray for one another toward healing? Why is Christian community essential, not optional, in the recovery process?



DISCUSSION QUESTIONS

3. SIN'S SLIPPERY SLOPE



- Alex's obsession with Jake's family reveals how quickly jealousy and greed can escalate into betrayal and even violence when left unchecked by the Spirit. What does Alex's arc teach us about the destructive path of unchecked desire?

- Read James 1:14-15 and Proverbs 4:23. How do these passages describe the progression from desire to sin to death? What does it look like to guard our hearts before jealousy or obsession take root and bear destructive fruit?

4. REDEMPTION AND PURPOSE IN SUFFERING

- Despite betrayal, danger, and loss, Jake's story ultimately points toward redemption, restored family, and a renewed sense of purpose. How does the film reflect the biblical pattern of redemption?

- Read Romans 8:28 and Genesis 50:20. How do these passages assure believers that God can work even our most painful circumstances together for good and for His purposes? Have there been moments in your own life where God has brought beauty from ashes?



REFLECTION & APPLICATION

Where in your own life have you experienced bondage, whether to addiction, pain, jealousy, or another struggle, and needed the freedom only found in Christ?

Consider who has God placed around you to walk with you toward healing, and decide on a practical step you can take this week to either seek support or offer it to someone else.



PRAYER

Close the Bible study with a time of prayer, inviting participants to bring before God any areas of bondage, addiction, or destructive desire they are wrestling with.

Pray for those in recovery and for the churches and communities that walk alongside them. Pray also for protection from jealousy, obsession, and unchecked desire, and for God to redeem painful circumstances for His purposes in every participant's life.



CONCLUSION

Like Jake, no bondage is beyond God's grace and no suffering is wasted in His hands. Jesus sets the captive free, His church walks alongside the broken, and He redeems even our darkest seasons for His glory and our good. Encourage each other to hold fast to hope, lean on Christian community, and trust that God is capable of redeeming any and every situation.

